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Author Biographies James Earls first trained in bodywork in 1991 before studying with Thomas Myers in 2000'

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*a journey This work is my passion that I am honored to share with you A whole body approach utilizing fascial release techniques with active movement to help re pattern re connect the motor sensory pathway creating an environment for your body to*

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Balance This stability mobility compromise can lead to compromising situations at both ends of the spectrum On the stability end parts that should stay mobile relative to other parts can become fascially or neurologically stuck together and unable to move differentially''**Fascial Release for Structural**

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December 10th, 2019 - Fascial Release for Structural Balance is designed for any bodywork practitioner using manual therapy Physiotherapists osteopaths chiropractors and massage therapists can help their current and future clients by giving them a

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structural analysis and creating a treatment strategy using the techniques included in this book' '

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